## **Spring Field Hockey Clinic**

## **Grades 3-8**

Whether you are learning the sport for the first time or are looking to improve your skills and knowledge, this clinic is perfect for you! Participants will be introduced to and taught the fundamentals of field hockey. Instructors will cover stick and ball handling, passing and receiving, shooting and game rules. The first half of the program will focus on skills and drills, while the second half will be game play. **Please Note**: Participants must wear a face mask and bring shin guards, a mouth guard, a field hockey stick and a water bottle. There will be a limited supply of sticks available to borrow if needed. Due to COVID-19, several new policies are required of all participants and their families. Please see page 2 for details. **Limit: 16 per group**.

**Time**: 5:00 - 6:15 PM

**Location**: Enfield Annex Synthetic Turf Field

124 North Maple Street

- Online and In-Person Registration Begins -Friday, March 12 at 8:00 AM

Open to Enfield Residents Only.

WE'VE MOVED!!

Enfield Recreation | 124 North Maple Street

860.253.6420 | www.enfield-ct.gov/recreation



**Activity Numbers**: Grades 3-5: 3603.0261.301

Grades 6-8: 3603.0261.302

## PROGRAM POLICIES RELATED TO COVID-19

- Participants must complete a self-screening before arriving at the program. If you or anyone in your household does not feel well for ANY REASON, please do not attend the program.
- Please notify us if you or someone in your household tests positive for COVID-19 on the day of the program or in the 14 days immediately following your last day of participation.
- Please do not arrive more than 10 minutes before to the start of the program.
- Participants MUST wear a mask when not able to keep at least 6 feet of distance between themselves and others. This includes signing in and out, using the restroom and during close-contact drills/games.
- Sign in and out will be held at the field. Sign in and out will be contactless and conducted verbally. Masks MUST be worn by
  parents/guardians and participants during sign in and out. When signing in and out, please maintain at least 6 feet of distance
  between yourself and others.
- Upon arrival, a daily visual health screening will be conducted by program instructors.
- Hand sanitizer will be provided and available during the program. Hands must be sanitized after signing in, after using the restroom, before and after handling mouth guards, when the program concludes and as needed during the program.
- Peer-to-peer and instructor-to-peer contact will not be allowed during the program. No high-fives, first bumps, hugs or huddles will be allowed. Incidental contact may occur during controlled games and scrimmages, but will be limited and monitored by program instructors.
- Equipment will not be shared to the best extent possible. Used equipment will be sanitized before and after the program and during the program as needed.
- Personal items such as water bottles and personal equipment will not be shared during the program.
- Participants must follow all staff directions to keep socially distanced throughout the program.
- Participants should bring all of their belongings with them when they leave any items left behind will be discarded.
- An email will be sent to registered participants 24-48 hours prior to the start of the program with details, reminders and any updates.
- Policies are subject to change based on new local, state or federal regulations. We will communicate any changes via email.